

Envyness Questionnaire

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Thank you for participating in this research on “Envyness”. Your responses will help us better understand the concept and its impacts. Please answer honestly.

Section A: Demographics

1. Age:

2. Gender:

Male

Female

Other (please specify):

3. Education Level:

High School

College/University

Postgraduate

Others (please specify):

4. Occupation:

Section B: Definition and Understanding of Envy

1. How would you define envy?

2. What do you believe are the root causes of envy?

3. Why do you think envy arises in individuals?

4. Have you ever experienced feelings of envy towards someone?

Yes

No

5. If yes, how often do you experience envy?

Rarely

Occasionally

Frequently

6. What triggers your feelings of envy? (Select all that apply)

Social Media

Friend's Success

Colleague's Achievement

Material Possessions

Other (please specify):

7. How do you typically react when feeling envious?

Try to ignore

Talk to someone

Engage in negative behavior

Other (please specify):

Submit